

ALL DAY BRUNCH

RUBY'S FAMOUS PALEO BREAD gf df n

A low GI loaf of goodness, full of seasonal veg, nuts & Seeds. Elevate with a few sides!

| | |
|-----------------|------|
| Add avocado | +5 |
| Add 1 / 2 eggs | +4/6 |
| Add bacon/trout | +6/8 |

SMASH N HASH gf df vgo

A delicious sweet potato fritter topped with smashed avo, 2 poached eggs, fresh corn salsa, chimichurri and herbs (vegan me with mushroom instead of eggs)

| | |
|-------------------|------|
| Add halloumi | +4 |
| Add bacon / trout | +6/8 |

SHROOMY TOAST df vg gfo

Garlicky oyster, enoki & field shrooms on toasted Mrs Jones sourdough with spinach, white bean toum, pickled cabbage & lemon

| | |
|---------------------|---------|
| Add 1 / 2 eggs | + 4 / 6 |
| Add avocado / bacon | + 5 / 6 |

ANTIOXIDANT PORRIDGE wheat free df vg n

Organic wheat free oats with goji berry, pecan & coconut milk, topped with banana, toasted coconut, cranberry poached pear and berry compote

ACAI BOWL wheat free df vg n

Organic acai, topped with banana, coconut, strawberries, chia & Ruby's wheat free house granola

| | |
|-------------------------------------|----|
| Add peanut butter / Ruby's no-tella | +2 |
|-------------------------------------|----|

BEACH BUN df gfo

Free range low nitrate bacon, fried egg, rocket & Ruby's bbq chutney on a charcoal bun

| | |
|-------------------------------|-------|
| Add Avocado | 3 |
| Go deluxe with halloumi & avo | 5 |
| On gf bun / gf paleo | 2 / 3 |

RED VELVET PANCAKES gf df vg n

A trio of buckwheat banana pancakes with a hint of beetroot powder topped with maple macadamia crumble, berry compote, seasonal fruit and Ruby's cacao sauce

| | |
|----------------------------|-------|
| Add coco ice cream / bacon | 3 / 6 |
|----------------------------|-------|

BREADS & SPREADS

SUPERFOOD BANANA BREAD gf df n

| | |
|--------------------------|----|
| Add coconut yogh + honey | +2 |
|--------------------------|----|

MRS JONES SOURDOUGH df vg

NONIES GF FOCACCIA gf df

GF FIG & DATE TOAST

SPREADS — organic peanut butter, aussie almond butter, rubys no-tella, local honey, berry chia jam

11 SERIOUS EGGS BENNY gfo df n 23

Two pasture raised eggs, spinach, Ruby's healthy hollandaise, gremolata & a drizzle of chilli good oil. Served on Mrs Jones sourdough with your choice of ham, bacon, mushrooms or smoked trout

| | |
|------------------------------|----|
| Add halloumi | +4 |
| On gf focaccia / paleo bread | +2 |

23 RAINBOW FALAFEL BOWL gf df vg n 24

Turmeric, chickpea, cauliflower falafel, white slaw, greens avocado, kimchi, beetroot & hummus with tahini lemon dressing & A sprinkle of wattleseed dukkah

| | |
|---------------------|------|
| Add 1 / 2 eggs | +4/6 |
| Add chicken / trout | +6/8 |

21 HEALING BROTH BOWL gfo df 25

House made chicken broth with broccoli, bok choy, bean sprouts, seasonal veg & pasture raised chicken breast served with a slice of sourdough

FISH TACOS gf df vgo 27

Grilled flathead with avocado, a fresh mango lime salsa, pickled onion, coriander & lime on 3 blue corn tortillas. (vegan me with mushrooms)

18 WAGYU BEEF BURGER / BOWL gfo dfo 27

Coppertree farms grass fed wagyu beef with slaw, smoked eggplant aioli, pickled onion & king island cheddar on a charcoal sourdough bun with sweet potato wedges

| | |
|-----------------------------|------|
| Bowl version with mushrooms | +2 |
| On gf bun / gf paleo bread | +2/3 |
| Add another beef patty | +7 |

17 CAULIFLOWER STEAK gf df vg 24

Portuguese spiced cauliflower steak with a white bean garlic toum sauce, chimichurri, pickled cabbage, pomegranate & spiced chickpea popcorn

| | |
|----------------------------|--------|
| Add chicken / smoked trout | +6 / 8 |
|----------------------------|--------|

22 WINTER VEG POWER BOWL gf df vg n 24

Roasted cauliflower, broccoli, avocado, sweet potato, zucchini & spinach tossed with a green tahini dressing and hemp seed dukkah

| | |
|----------------------------|---------|
| Add 1 / 2 eggs | + 4 / 6 |
| Add chicken / smoked trout | + 6 / 8 |

ADD SOME SIDES

| | |
|---|-----|
| SMASHED AVO | 5 |
| HALLOUMI | 4 |
| 1 OR 2 FREE RANGE EGGS | 4/6 |
| FREE RANGE BACON / SMOKED HAM | 6 |
| HOUSE SMOKED TROUT | 8 |
| FREE RANGE CHICKEN | 7 |
| SPINACH OR TOMATO | 4 |
| KIMCHI | 3 |
| HEALTHY HOLLANDAISE | 3 |
| BAKED SWEET POTATO WEDGES <small>gf df vg</small> | 7/9 |

RUBY LANE



First time here?
Scan the code to learn
what we do and why

SUPER SMOOTHIES 12

BLUEBERRY BRAIN BOOST Blueberries, banana, cacao, vegan protein, flax seeds, walnuts, dates, coyo & coconut milk

T BOMB Banana, cacao, dates, tahini, almond butter, vanilla, salt, vegan protein & almond milk

FACELIFT Avocado, cucumber, mint, banana, mango, greens powder, collagen & coconut water

CHOC COFFEE DATE Espresso shot, dates, cacao, vegan protein, vanilla & coconut milk

SALTED CARAMEL Banana, peanut butter, dates, brown rice syrup, himilayan salt and almond milk

ACAI SMOOTHIE Organic acai, banana, apple juice, vegan protein & mint

CLASSIC BANANA OR MANGO 10
with milk, coconut yoghurt, cinnamon & honey

COLD PRESSED JUICE 9.8

RUBY TUESDAY apple, raspberry, elderberry, lemon

THE GREEN cucumber, celery, apple, spinach, lemon

IMMUNE carrot, apple, ginger, turmeric

ROOT ENERGY beetroot, carrot, apple, lemon, ginger

KOMBUCHA / DE-TOX

KOMBUCHA GLASS 7

KOMBUCHA JUG with lemon, berries, mint 14

DE - TOX SHOT BOARD 7

trio of fire tonic, charcoal & kombucha shots

SISUU FIRE TONIC SHOT immunity + digestion 4

MORE DRINKS AND SWEETS THIS WAY



RUBY LANE

COFFEE & FRIENDS

| | |
|---|----------------|
| COLD DRIP FILTER COFFEE | 6 |
| BEACH BREW A hydrating coffee! With cold brew, coconut water, fruit and ice | 7 |
| WHITE COFFEE On allpress blend | 4.5/5.5 |
| BLACK COFFEES On allpress single O | 4.5/5.5 |
| ICED LATTE / LONG BLACK | 5.5 |
| HOT CHOCOLATE | 4.5 |
| ORGANIC CHAI LATTE | 5 |
| BREWED STICKY CHAI POT | 6 |
| AFFOGATO Dbl espresso & coco ice cream | 10 |
| ADD MCT / MEDICINAL REISHI | +2 |
| ALMOND / OAT / COCONUT | +1 |
| SOY / DECAF / X-SHOT | +0.5 |

ORGANIC TEAS

| | |
|--|----------|
| GREEN - Sencha green & jasmine blend | 5 |
| GINGER GLOW - Ginger, lemongrass, marigold & hibiscus | |
| CALMING - Chamomile, liquorice root, lavender, hibiscus, peppermint & rose petals | |
| DETOX - Dandelion, nettle, spearmint, mate, fennel, rosehip, rooibos & ginger | |

HEALTHY ELIXIRS

| | |
|---|------------|
| HEALING CHICKEN BONE BROTH | 7 |
| RUBY RIFLE Double shot espresso blended with grass fed butter & MCT oil | 6.5 |
| MACA MOJO Caffeine free mojo boost with cacao, maca, mesquite, salt & maple blended with grass fed butter (vegan me with almond milk) | 6.5 |
| PURA VIDA Immune boosting orange, lemon, ginger, turmeric, cinnamon & pepper warmed with local honey | 6 |
| DANDY LATTE Dandelion chai latte for a caffeine free liver boost on almond milk | 6 |
| GOLDEN LATTE Anti-inflammatory remedy of turmeric, ginger, cinnamon & pepper on coconut milk | 6 |
| MATCHA LATTE Organic Japanese green tea jammed with anti-oxidants on coconut milk | 6 |

ICED DRINKS

| | |
|---|-----------|
| ELDERBERRY SPRITZER From Jo's Herbadashery - served with rosemary and orange - great for immunity | 11 |
| ICED MATCHA / ICED CHAI LATTE | 6 |
| ICED COFFEE / ICED CHOCOLATE | 9 |
| WATERMELON RASPBERRY FRAPPE | 9 |
| WHOLE COCONUT | 7 |
| KREOL SPARKLING ACV Mango or passionfruit | 7 |
| ORGANIC SODAS Ginger beer / cola / LLB | 6 |
| SPARKLING WATER Unlimited for your table | 5 |

SWEETS

| | |
|--|------------|
| (100% GLUTEN FREE AND REFINED SUGAR FREE) | |
| ADD ICE CREAM TO ANY SWEET | 3 |
| CHOC FUDGE BROWNIE gf df vg n | 7 |
| PRE-BIOTIC CHEESECAKE gf df vg n | 5 |
| PEANUT BUTTER CHOC CHIP COOKIE | 6 |
| MUFFIN OF THE DAY gf df n | 6.5 |
| BERRY FRIAND gf n | 5 |
| BLISS BALLS gf df vg n | 4 |
| CARROT CAKE W MACADAMIA ICING | 12 |
| PEANUT BUTTER COOKIE SUNDAE gf df vg Our famous cookie with coconut ice cream & ruby's cacao sauce | 14 |



DID YOU KNOW WE ALSO HAVE TAKE-HOME MEALS IN THE FREEZER?
BOOK US FOR YOUR NEXT FUNCTION / EVENT-FLEXIBLE PACKAGES AVAILABLE FROM 30-90 PEOPLE
NEED SOME HEALTHY CATERING OR WHOLE CAKES?
LET US HELP. SCAN QR CODE FOR MORE INFO AND TO SEE THE MENU

MOCKTAILS

| | |
|---|-----------|
| DAYSE AWAKEN SPRITZER Pink grapefruit, ginko, soda, agave | 12 |
| ELDERBERRY SPRITZER From Jo's Herbadashery - served with rosemary and orange - great for immunity | 11 |
| LAUTUS SPARKLING ROSE (zero alcohol) | 12 |

ORGANIC WINE

| | |
|-------------------------------|--------------|
| WATERMELON BELLINI | 10 |
| MIMOSA | 10 |
| MOJO PROSECCO SA | 11/50 |
| TAMBURLAINE SAV BLANC | 11/50 |
| TAMBURLAINE PINOT GRIS | 55 |
| TAMBURLAINE CAB SAV | 11/50 |

BEER

| | |
|------------------------------------|------------|
| HEAPS NORMAL (zero alcohol) | 8.5 |
| 4 PINES JAPANESE LAGER | 10 |
| O'BRIENS GLUTEN FREE LAGER | 10 |
| WILLIE SMITHS ORGANIC CIDER | 12 |

COCKTAILS

| | |
|-----------------------------|-----------|
| WATERMELON MARGARITA | 18 |
| ESPRESSO MARTINI | 18 |
| APEROL SPRITZ | 14 |
| GIN & KOMBUCHA | 12 |



SIGN UP TO RUBY NEWS FOR HEALTH EVENTS FROM COOKING CLASSES, DETOXING AND BRAIN HEALTH, THERE'S ALWAYS SOMETHING HAPPENING
SIGN UP BELOW AND RECEIVE \$10 OFF YOUR NEXT PURCHASE

Please add a 10% surcharge on Sundays and 15% on Public Holidays. Not all ingredients are listed on the menu. Please make us aware of any dietary requirements before ordering and be aware that our menu contains allergens and is prepared in a kitchen that contains nuts, gluten and eggs. Whilst all reasonable efforts can be taken, we cannot guarantee our food will be allergen free